HOW TO ORDER

VISIT

380 Barrenjoey Rd Newport NSW 2106

ONLINE

HONESTCHICKENNEWPORT.COM

PHONE 02 9999 3333



AT THE HONEST CHICKEN WE'RE ABOUT FARM-TO-TABLE, FREE RANGE CHICKEN, THAT IS CHEMICAL, HORMONE & ANTIBIOTIC FREE, MADE WITH PROPER STUFFING.

We're about generous portions of fresh wholesome salads that are made daily in-store. We're about burgers, hot food, daily specials, vummy desserts, all bursting with flavour, goodness & life.

We also offer gluten free, vegan, dairy free & nut allergy options.

Local, top quality produce. Fresh ingredients every day.

NATURAL, SIMPLE, DELICIOUS.

Our catering menu offers all of your favourites & more. Perfect for:

- Family gatherings
- Engagements
- Christmas

- Corporate events
- BBQ's
- Weddings

- Birthdays
- Picnics
- Parties

Anniversaries

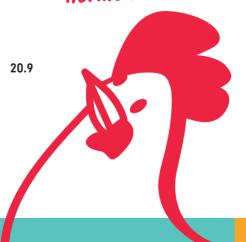
ROTISSERIE CHICKENS

Free Range with no added hormones

ROASTED

(with or without stuffing)

Can be cut into 4 or 8 pieces. Cooked to perfection in our marinades. Ask about our sauces.



ROLLS & WRAPS

Minimum order of 10

PORTUGUESE ROLL Roasted chicken, Portuguese mayo, cheese,	13.9
Spanish onion, tomato, lettuce, piri piri sauce CHICKEN & SALAD ROLL Roasted chicken with lettuce, tomato, mayo	13.4
CHICKEN SCHNITZEL ROLL Chicken schnitzel, lettuce, cheese, mayo	14.4
ROAST PORK / LAMB ROLL Choice of roast pork or lamb with gravy & apple sauce	14.4
FALAFEL WRAP Falafel, tabouli, lettuce, hummus	14.4
CHICKEN SCHNITZEL WRAP Chicken schnitzel fillet, lettuce, cheese, mayo	14.4
GRILLED CHICKEN SALAD WRAP Grilled chicken, lettuce, tomato, cheese, aioli	14.4
SPICY BBQ CHICKEN WRAP BBQ chicken, lettuce, hot sauce, cheese, tomato, aioli	14.4
TANDOORI WRAP	14.4

sauce, lettuce, cucumber & tomato

DESSERT

FRUIT PLATTER CHOCOLATE MOUSSE RICE PUDDING

Water, soft drinks & juices are available



FINGER FOOD

MINI BURGERS - CHICKEN, SCHNITZEL & BEEF	10 each
DEVIL WINGS	2.2 each
SOUTHERN FRIED CHICKEN STRIPS	2.8 each
TANDOORI CHICKEN FILLETS	4.2 each
CHICKEN NUGGETS	6.5 for 10
SCHNITZEL PIECES	7.5 each
CHICKEN SKEWERS (LEMON & HERB)	3.5 each

BURGERS

Must Try!

HONEST CHICKEN	13.4
Grilled chicken fillet, lettuce, tomato, cheese, aioli	
HONEST SCHNITZEL Chicken schnitzel fillet, lettuce, mayo, cheese	13.4
PIRI PIRI Marinated chicken fillet, lettuce, tomato, cheese, mayo, piri piri sauce	14.4
HONEST BEEF Beef patty, gherkins, lettuce, tomato, onion, honest sauce, tomato/BBQ sauce	13.4
CHEESE BURGER Beef patty, cheese, tomato/BBQ sauce	10
HONEST VEGGIE Veggie pattie, beetroot, onion, lettuce, tomato, your choice of sauce	13.4
LAMB Lamb patty, cheese, lettuce, tomato, mint yoghurt sauce, Asian chutney	15.4

SALADS



All made daily in-house. Tray (serves 12 -15 people)

Choose from traditional favourites to inspired in-house creations.

SUPER FOOD (V/NUTS) - Brown rice, kale, sweet potato, avocado, beetroot & mixed nuts in a light dressing (+\$5)

BROCCOLI - Broccoli, chicken, honey seeded mustard mayo, cherry tomatoes

ROASTED CAULIFLOWER (GF/V/NUTS) - Cauliflower, almonds, spinach, kale, dressing (+\$5)

CHICKEN LEMONGRASS - Marinated chicken, mixed cabbage, coriander, capsicum, lemongrass dressing

KALE & QUINOA - Fresh kale, quinoa, chicken, avocado & lime dressing

GREEK (GF/V) - Mixed lettuce, feta, olives, tomato, onion, cucumber

QUINOA VEGGIE (GF/V) - Mixed fresh veggies, quinoa, mixed seeds, black current and cranberry (+\$5)

ROCKET ASPARAGUS SALAD (GF/V) - baby rocket, asparagus, avocado, mixed medley, sun dried tomatoes & fetta cheese (+\$5)

CAESAR - Crispy bacon, egg, lettuce, parmesan, Caesar dressing, croutons

TABOULI (V) - Parsley, tomato, cucumber, onion & lemon juice

COLESLAW (GF/V) - In a light creamy dressing

POTATO (GF) - Potato, bacon, red onion, parsley, mixed up in a creamy mayo

CHICKEN PESTO PASTA - Penne pasta, sun dried tomato, basil pesto, chicken, mayo

PUMPKIN & GREEN BEAN (GF/V) - Pumpkin, green beans, feta & capsicum with dressing

TANDOORI - Marinated tandoori chicken, avocado, mint, mint yoghurt sauce, salad leaves, capsicum

VEGETABLES & SIDES

Tray (serves 12-15 people)

MIXED VEGETABLES (GF) Zucchini, carrot, sweet potato, potatoes dressed with honey & seeded mustard	65
STEAMED VEGETABLES (GF) Mixed veggies & cooked with a hint of garlic	65
MEDITERRANEAN VEGETABLES (GF) Mixed Mediterranean style veggies with herbs & oil	65
CAULIFLOWER CHEESE (V) Cauliflower mixed in a creamy sauce	65
MACARONI CHEESE (V)	60
FRIED RICE (V) Mixed veggies, egg	60
NASI GORENG RICE Stir-fried rice mixed with schnitzel, egg, stir-fried vegetables & marinade	65
GORENG NOODLE Stir-fried noodles mixed with schnitzel, egg, cashews, stir-fried vegetables & marinade	65
CREAMY POTATO BAKE Cooked with cream & cheese	65
ROAST POTATO (GF) Cooked in oil with a hint of paprika	60
ROASTED PUMPKIN OR SWEET POTATOES (GF)	60
CHIPS - Tray (serves 10)	35

CASSEROLES, ROASTED MEATS & FISH

Tray (serves 12-15 people)

GENERAL TSO'S CHICKEN Fried chicken thigh marinated in a sweet & sour sauce & topped with broccoli & fresh chilli's	100
ROASTED BEEF Chuck of beef slowly roasted to perfection & served with homemade gravy	48 per kg
SPIT ROASTED LAMB Tender leg of lamb marinated with fresh garlic & rosemary then slowly roasted	50 per kg
PORK Juicy pork with plenty of crispy crackling	48 per kg
BUTTER CHICKEN Approx. 2.5kg & includes a separate tray of steamed rice. Tender pieces of chicken in a creamy Indian butter sauce	110
PULLED BEEF BRISKET Approx. 2.5kg & also includes separate tray of ri Succulent beef brisket slow cooked in a gravy & mushroom sauce	130 ce.
BEEF CASSEROLE Approx. 2.5kg & also includes separate tray of ri	110 ce
TASMANIAN SALMON (serves 8-10 people) Salmon baked on a bed of vegetables or creamy potatoes & presented with mustard or dill aioli sauce	MP
LASAGNE - BEEF / VEGGIE	90 tray
COTTAGE PIE	90 tray

Made Fresh Daily