

# BREAKFAST

## EGGS ON TOAST | \$13.5 GF OPTION

Scrambled, Fried or Poached

## CORN FRITTERS | \$21 GF

Served with Avocado, Tomato, Sour Cream & a Side of Bacon

## OMLETTE | \$19.5

Served With Mushrooms, Spinach & Cheese With a Slice of Toast

## BIG BREAKFAST | \$24

Eggs on Toast With Tomato, Mushroom, Avocado, Bacon, Sausage & Hash Brown

## EGGS BENEDICT | \$20

Served With Poached Eggs, Wilted Spinach, Bacon & Hollandaise Sauce

## SMASH HASH | \$22.5

Hash Brown, Bacon, Avocado & Poached Eggs Topped With Hollandaise Sauce Served on Toasted Sourdough

## BACON & EGG ROLL | \$12

Fried Egg Served on a Brioche Bun With Bacon, Cheese & Bbq Sauce

## HUMMUS ON TURKISH | \$19.5

Poached Eggs Served on Toasted Turkish With Hummus, Pumpkin & Rocket, Topped With Dukkah

## SMASHED AVOCADO | \$19.5

Smashed Avocado Served on Sourdough, Topped With Poached Eggs, Crumbled Feta & Hemp Seeds

## GRILLED HALLOUMI | \$21.5

Grilled Halloumi With Crispy Chickpeas, Cherry Tomatoes, Roasted Zucchini, Rocket & Balsamic Glaze With a Piece of Toasted Sourdough

## MAXXED AVO | \$20

Toasted Sourdough, Topped With Avocado, Bacon & Poached Eggs

## PANCAKES | \$19.5

Your Choice of Butterscotch Sauce, Maple Syrup or Nutella With Seasonal Berries. Add Ice Cream for \$1

## WAFFLES | \$19.5

Your Choice of Butterscotch Sauce, Maple Syrup or Nutella With Seasonal Berries Add Ice Cream for \$1

## FRENCH TOAST | \$19.5

Served With Seasonal Berries, Caramelised Banana, Maple Syrup & Ricotta

## BANANA SPLIT MUESLI | \$17.5

Served With Vanilla Bean Yoghurt, Seasonal Fruit & Maple Syrup

## RICOTTA RAISIN | \$19.5

Raisin Toast Served With Smooth Ricotta, Seasonal Berries, Banana & Maple Syrup

## RAISIN TOAST | \$10

2 Pieces of Raisin Toast With Butter

## EXTRAS

**\$3.5** each

Egg, Tomato, Hash Brown, Mushroom, Spinach

**\$5** each

Salmon, Sausage, Avocado, Bacon, Halloumi

## MINI MEALS

\$10 FOR ALL MINI MEALS

## HALF SCRAMBLED

On Toast

## PANCAKES

With Fruit & Maple Syrup

## HAM & CHEESE TOASTIE

## TOAST

With Vegemite, Peanut Butter, Jam, Honey, or Nutella

# DRINKS

## SMOOTHIES | \$14

Add Protein Powder For \$1

### SMOOTHIE

Banana, mango strawberry or blueberry

### GREEN MACHINE

Banana, mango, passionfruit, spinach

### TROPICANA

Mango, Pineapple, Passionfruit, Orange Juice

### COFFEE KICK

Banana, Cacao, Cinnamon, Dates, Coffee, Milk

### BERRY BERRY

Strawberries, Blueberries, Apples

### PEANUT BUTTER CHOC CRUNCH

Banana, Cacao, Peanut Butter, Cinnamon, Dates, Almond Milk

### ACAI

Acai, Strawberries, Blueberries, Apple, Banana

## FRESH JUICE

KIDS \$4.5 | LRG \$9

### JUICE BASE

Orange, Apple, Pineapple or Watermelon

### Then add your choice of:

Beetroot, Carrot, Celery, Ginger, Mint, Lemon, Orange, Apple, Pineapple or Watermelon

## PROTEIN SHAKE

Made With Almond Milk. Also Available With Full Cream, Soy, Oat, or Lactose Free

### VANILLA \$12

Banana, Protein Powder, Almond Milk, Honey

### CHOCOLATE \$12

Banana, Protein Powder, Almond Milk, Honey, Cacao, Dates

### COFFEE \$12

Banana, Protein Powder, Almond Milk, Honey, Coffee

## COFFEE

SML \$5 | LRG \$5.5

Cappuccino, Latte, Flat White, Long Black, Piccolo Latte, Macchiato, Hot Chocolate, Chai Latte, Mocha, Short Black

### MILK OPTIONS + \$0.5

Soy, Lactose Free, Oat, Almond (Milk Lab or Mandole)

### ADD SYRUP + \$0.5

Caramel, Vanilla, Hazelnut

## MILKSHAKES

KIDS \$6 | LRG \$9

THICK SHAKES - KIDS \$6.5 | LRG \$9.5

Vanilla, Chocolate, Caramel, Strawberry, Banana

## ICED DRINKS

Coffee \$7 | Chocolate \$7

Latte \$6 | Mocha \$7 | Chai Latte \$7

## TEA | \$4.5

English Breakfast - Lemongrass & Ginger  
Earl Grey - Green - Peppermint

## COLD DRINKS

San Pellegrino Sparkling \$4.5 / \$8

Mount Franklin \$4.5

Coke, Coke Zero, Sprite, Lift \$4.5

Lemon, Lime & Bitter, Ginger Beer \$4.5

Chinotto \$4.5

## SMOOTHIE BOWL

\$18.5 Topped With Fresh Fruits

### TROPICAL TWIST

Mango, Pineapple, Passionfruit, Protein Powder & Almond Milk

### ACAI

Strawberries, Blueberries, Banana, Acai, Protein Powder & Almond Milk

### NUTTER BUTTER

Banana, Avocado, Peanut Butter, Nutella, Cacao, Protein Powder & Almond Milk

## WINE

Ask our friendly staff about our current selection

## BEERS

Corona \$8.5

Peroni Leggera \$7

Carlton Dry \$7.5

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